CSD COMMUNITY YMCA | INDOOR POOLS
SOCIAL DISTANCING GUIDELINES

At All Times
- Maintain six (6) feet apart from other individuals.
- Listen to lifeguards and aquatic staff.
- All lanes and classes are on a first come, first serve basis.
- No Aquatic equipment (kick board, pull buoys, water weights, noodles, swim belts, etc.) will be provided by the YMCA at this time.
- Lane and class schedule is subject to change.

Locker Rooms
- Open – please use your own locks and practice social distancing every fourth or fifth locker.
- Please shower before entering the pool deck.
- Use hand sanitizer and wash hands for 20 seconds.

Pool Deck Guidelines
- Lap swimming is divided amongst both pools – lanes 3 – 6 in 6 lane competition pool and lane 3 in the 4 lane exercise pool.
  - Lanes will alternate entry points by windows or locker rooms depending on lane number.
  - One lap swimmer per lane or one family household unit per lane.
  - Please stay on the black lines (on the bottom of the pool) as much as possible.
- Water walking and family lanes will be designated/adjusted by hour.
  - Lanes will alternate entry points by windows or locker rooms depending on lane number.
  - One lap swimmer per lane or one family household unit per lane.
  - Please stay on the black lines (on the bottom of the pool) as much as possible.

Please practice social distancing (six feet apart) in order to keep yourself and others safe as possible. We look forward to seeing you at the Y!