



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Fort Mill YMCA October 2019 Indoor Pool Schedule

Pool Open: Monday – Friday 5am – 830pm, Saturday 730am -530pm and Sunday 1pm – 530pm

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
5a-7a	Lap Swim Only Ln 1-5	Lap Swim Only Ln 1-5	Lap Swim Only Ln 1-5	Lap Swim Only Ln 1-5	Lap Swim Only Ln 1-5	Pool Opens 7:30 AM	Pool Opens at 1:00 PM	
7a-8a	Lap Swim Ln 1-3	Lap Swim Only Ln 1-3	Lap Swim Ln 1-3	Lap Swim Ln 1-3	Lap Swim Ln 1-3			Lap Swim Only Ln 1-4
	Water Aerobics Ln 4-6	Water Aerobics Ln 4-6	Water Aerobics Ln 4-6	Water Aerobics Ln 4-6	Water Aerobics Ln 4-6	Lap Swim Ln 1-3		
8a-9a	Lap Swim Ln 1-3	Lap Swim Ln 1-3	Lap Swim Ln 1-3	Lap Swim Ln 1-3	Lap Swim Ln 1-3	Water Aerobics Ln – 4-6		
	Water Aerobics Ln 4-6	Water Aerobics Ln 4-6	Water Aerobics Ln 4-6	Water Aerobics Ln 4-6	Water Aerobics Ln 4-6	Swim lessons Ln 3-6		
9a-10a	Lap Swim Ln 1-3	Lap Swim Ln 1-3	Lap Swim Ln 1-3	Lap Swim Ln 1-3	Lap Swim Ln 1-3	Lap Swim Ln 1-2		
	Water Aerobics Ln 4-6	Water Aerobics Ln 4-6	Water Aerobics Ln 4-6	Water Aerobics Ln 4-6	Water Aerobics Ln 4-6	Swim lessons Ln 3-6		
10a-11a	Lap Swim Ln 1-3	Lap Swim Ln 1-3	Lap Swim Ln 1-3	Lap Swim Ln 1-3	Lap Swim Ln 1-3	Open Swim		
	Parent/Child swim class Ln 4-6	Parent/Child swim class Ln 4-6 (1030 – 1135am)	Parent/Child swim class Ln 4-6	Parent/Child swim class Ln 4-6 (1030 – 1135am)		Make-up lessons 10/18		Lap Swim Ln 1-2
11a-12p	Lap Swim Ln 1-3	Lap Swim Ln 1-3	Lap Swim Ln 1-3	Lap Swim Ln 1-3	Lap Swim Ln 1-3	Swim lessons Ln 3-6		
	Water Aerobics Ln 4-6 (1130-1230pm)	Water Aerobics Ln 4-6 (1135-1235pm)	Water Aerobics Ln 4-6 (1130-1230pm)	Water Aerobics Ln 4-6 (1135-1235pm)	Water Aerobics Ln 4-6 (1130-1230pm)	Lap Swim Ln 1-2		
12p-1p	Lap Swim Ln 1-3	Lap Swim Ln 1-3	Lap Swim Ln 1-3	Lap Swim Ln 1-3	Lap Swim Ln 1-3	Open Swim		
1p-4p	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim			
4p-5p		Mini – Rays 10/15 Ln 1-3 (415-630pm)		Mini – Rays 10/15 Ln 1-3 (415-630pm)				
5p-6p	Lap Swim Ln 1-3	Lap Swim Ln 1-4	Lap Swim Ln 1-3	Swim Lessons Ln 4-6	Make-up 10/18	Open Swim		
6p-7p	Swim Lessons Ln 4-6						Water Aerobics Ln 4-6	Lap swim Ln 4
7p-8:30p	Swim Lessons Ln 5-6		Lap Swim Ln 1-3	Swim Lessons Ln 4-6	Lifeguard Class 10/18	Open Swim		
	Lap Swim Ln 1-3	Water Aerobics Ln 4-6					Water Aerobics (630-730pm) Ln 4-6	
				Lap Swim Ln 1-3			Pool Closes at 5:30 PM	Pool Closes at 5:30 PM



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